

# SUSHI!



Portuguese Steak



Maritime Platter

## GRILLS

All grills are served with 3 onion rings & chips OR rice OR side veg OR a side salad.

- PORTUGUESE STEAK** **R145**  
300g Class A beef on a bed of creamy peri-peri, sliced chorizo sausage & red onions. Topped with an egg.
- CHARGILLED CHICKEN BREAST** **R92**  
2 Chicken breasts basted with your choice of lemon & herb or BBQ or peri-peri sauce.

## SUSHI PLATTERS



Two Oceans Platter

- TWO OCEANS PLATTER** **R115**  
4x Prawn avalanche  
4x The bomb
- MARITIME PLATTER** **R289**  
2x Spring rolls  
2x Tempura prawns  
4x Salmon California rolls  
4x The bomb  
2x Tuna rainbow rolls  
2x Salmon roses  
2x Prawn avalanche
- RAINBOW WARRIOR PLATTER** **R132**  
4x Tuna rainbow rolls  
4x Salmon rainbow rolls  
4x Prawn rainbow rolls

- HOT TUNA & HONEY AVALANCHE** (3 pieces) **R59**
- HOT SALMON & HONEY NIGIRI** (2 pieces) **R59**
- SEARED TUNA CALIFORNIA ROLLS WITH SAFFRON CHUTNEY** (4 pieces) **R59**
- SANDWICHES** (6 pieces)
- AVO** **R59**
- SALMON** **R95**
- TUNA/PRAWN** **R89**
- CALIFORNIA ROLLS** (0 pieces)
- CRAB/TUNA/PRAWN** **R59**
- SALMON** **R69**
- CUCUMBER** **R49**
- RAINBOW ROLLS** (0 pieces)
- PRAWN** **R65**
- TUNA** **R72**
- SALMON** **R89**
- PRAWN AVALANCHE** (3 pieces) **R59**
- TEMPURA RAINBOW ROLLS** (4 pieces) **R59**
- SALMON ROSES** (3 pieces) **R69**
- TUNA ROSES** (3 pieces) **R49**
- THE BOMB** (4 pieces) **R59**
- TEMPURA PRAWN** (3 pieces) **R59**
- SASHIMI**
- NORWEGIAN SALMON** (4 pieces) **R85**
- TUNA** (4 pieces) **R55**
- PRAWN SALAD** **R89**
- SEARED TUNA SALAD** **R89**
- SEARED SALMON SALAD** **R99**
- POKE SALMON** **R69**
- POKE TUNA** **R69**
- SALMON DRAGON ROLL** (0 pieces) **R97**
- TUNA CRUNCH ROLL** (0 pieces) **R105**
- PRAWN RELOAD** (0 pieces) **R85**



Hot Tuna & Honey Avalsanche

John Dory's

## Takeaway Menu

### Our Promise

Great food tastes so much better when you know it's made with love and sourced with care.

We are proud to be custodians of nature's bounty and it's important to us to make sure our oceans continue to serve generations to come.

We are proud that our seafood is sustainably sourced.

JOHN DORY'S WORKING IN PARTNERSHIP WITH WWF-SASSI TO ENSURE THAT WE MEET OUR COMMITMENTS TO SUSTAINABLE SEAFOOD.



The visuals are for descriptive purposes and meals served could vary. Portion weights are raw weights. The items on this menu are available as takeaways. Prices include VAT. All John Dory's restaurants are individually owned and operated, drawing on Spar Group's expertise. Our fish may contain small bones. Certain products contain peanuts/nuts and were manufactured in facilities where nuts were used.

# STARTERS



Jalapeno Poppers

**CALAMARI TUBES** R79  
Calamari tubes & squid heads served in a creamy lemon butter sauce with warm Portuguese roll slices or savoury rice.

**MUSSEL BOWL** R59  
JD's mussels, cooked in a white wine, garlic & herb sauce. Served with a warm Portuguese roll.

**CHEESY GARLIC ROLL** R29  
Brushed with garlic butter & topped with grated mozzarella & Cheddar cheese.

**CHEESY JALAPEÑO POPPERS** R59  
Jalapeno peppers stuffed with a mix of cheeses, crumbed & deep-fried. Served with sweet chilli sauce.

# SALAD SENSATIONS

**GREEK SALAD** R69  
Our selection of salad greens with olives & feta cheese.



# BEVERAGES

<b>SODA CANS - 300ml</b>	<b>R22</b>	<b>TISERS</b>	<b>R29</b>
<b>LIPTON ICE TEA CANS</b>	<b>R23</b>	<b>MINERAL WATER</b>	
<b>LIQUI FRUIT JUICE CANS</b>	<b>R25</b>	Still or sparkling - 350ml	<b>R19</b>
		Still or sparkling - 750ml	<b>R36</b>

# KIDS' MEALS

<b>CHICKEN STRIPS &amp; CHIPS</b>	<b>R49</b>	<b>HAKE &amp; CHIPS</b>	<b>R52</b>
<b>CALAMARI &amp; CHIPS</b>	<b>R49</b>	<b>QUARTER CHICKEN &amp; CHIPS</b>	<b>R52</b>
<b>JUICY PRAWNS &amp; CHIPS</b>	<b>R63</b>		

**Better for you!** Choose one of our *Better for you!* meals and replace the rice or chips and onion rings with a side salad or side veg.

**V** Vegetarian

# COMBOS

Choose from chips OR rice OR side veg OR a side salad.



Sole & Prawns

**SOLE & CALAMARI STRIPS** R129  
1 Piece of sole, grilled the JD's way, finished with creamy lemon sauce & calamari strips.

**HAKE & PRAWNS** R129  
Hake fillet with 6 JD's prawns, brushed in our famous JD's basting.

**HAKE & CALAMARI TUBES** R139  
Hake fillet with a portion of calamari tubes & squid heads.

**CALAMARI TUBES & PRAWNS** R149  
Calamari tubes & squid heads with 6 JD's prawns.

**SOLE & PRAWNS** R139  
Sole & 6 JD's prawns, brushed in our famous JD's basting.

# FISH MARKET

Choose from chips OR rice OR side veg OR a side salad.

Although the greatest of care is taken to remove the bones from our fish, a few may remain behind. Please take care when enjoying your meal.

**CALAMARI MAIN** R145  
Calamari tubes & squid heads or calamari strips.

**PETITE HAKE & CHIPS** R69  
2 Petite hake filets, grilled or fried. Served with chips & tartare sauce.

**SOLE** R109  
Ask about availability. Sole (130 - 150g), grilled the JD's way & finished with creamy lemon sauce. Served with coleslaw.

	<b>Single</b>	<b>Double</b>
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**HAKE & CHIPS** R89 R119  
New traditional-battered or grilled hake fillet. Served with coleslaw.



Double Hake & Calamari

# PLATTERS

All platters are served with chips & rice OR side veg OR a side salad.

## PLATTERS FOR 1

**JOHN'S PLATTER** R155  
1 Petite hake fillet, calamari strips & 4 JD's prawns.

## PLATTERS FOR 2

**TWO SAILORS' PLATTER** R295  
2 Petite hake filets, 10 JD's prawns, calamari tubes & squid heads, & mussels served in a white wine, garlic & herb sauce.

## FAMILY SHARING PLATTERS

**MEAT SHARING PLATTER** R389  
400g Pork ribs, 10 JD's prawns, 2 portions of calamari strips & a 1/4 chicken.

**SEAFOOD SHARING PLATTER** R399  
10 JD's prawns, 4 petite hake filets, 2 portions of calamari tubes & squid heads with 2 portions of mussels in a white wine, garlic & herb sauce.



John's Platter

# PRAWNS GALORE

**10 JD'S PRAWNS** R129  
10 JD's prawns brushed in our famous JD's basting.

**6 QUEEN PRAWNS** R139  
6 Queen prawns brushed in our famous JD's basting.



10 JD's Prawns